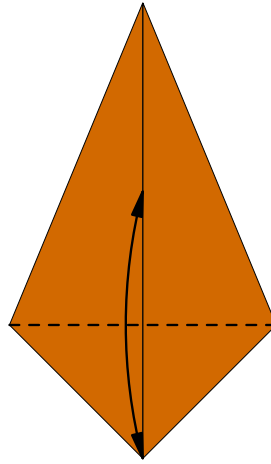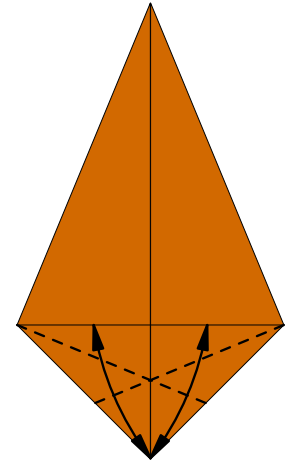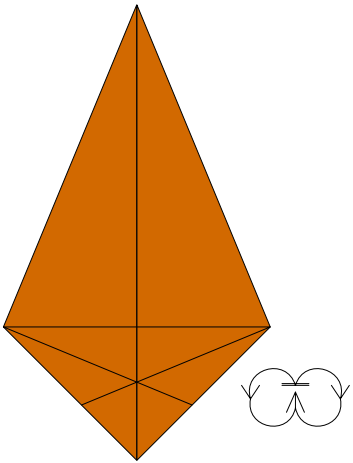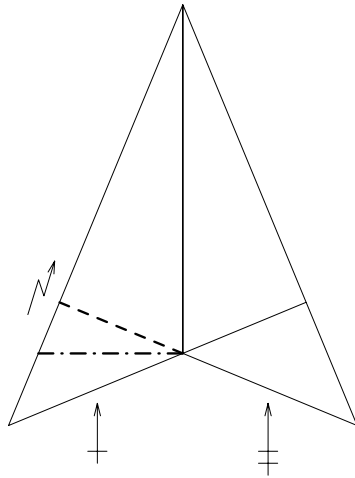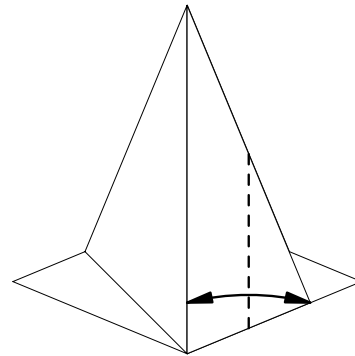1 Start with preliminary fold
  colour outside

2

3 Repeat step 2 and 3
  on other corners

4 Turn inside out

5

6
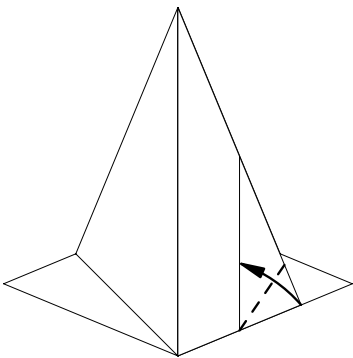
7

8

9 One layer

10 Repeat step 6 to 8
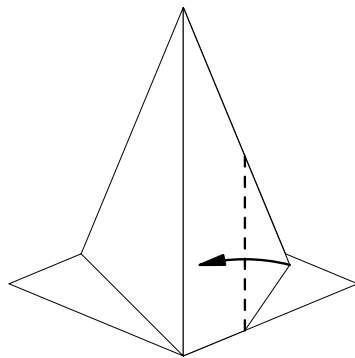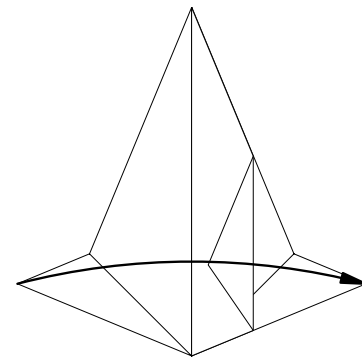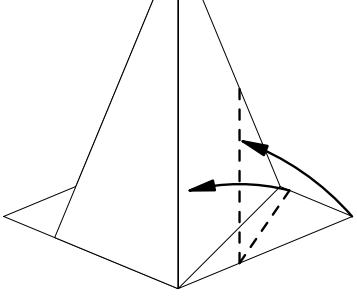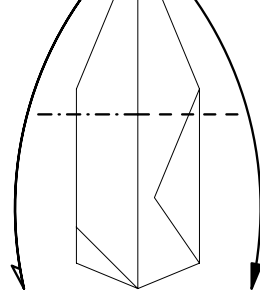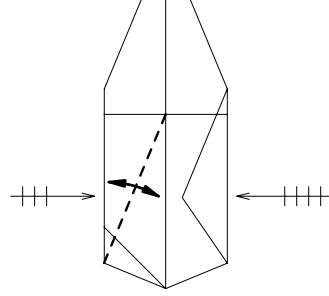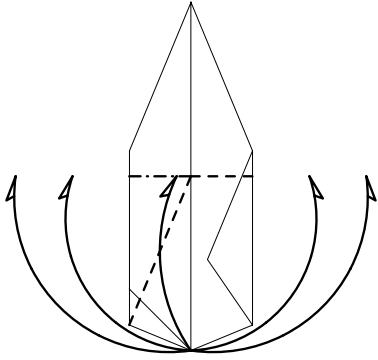on this flap
Repeat these steps
on all other flaps

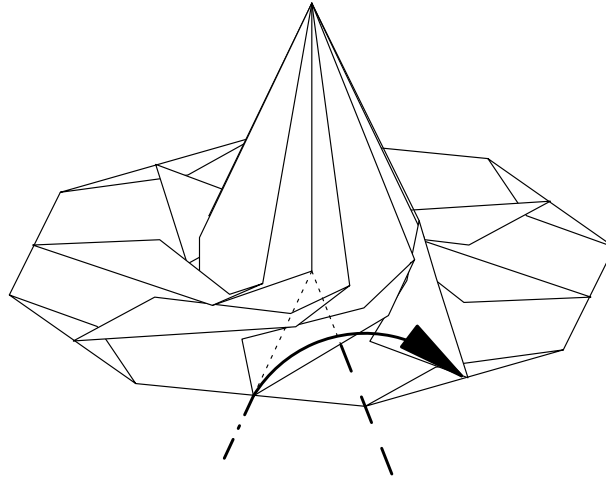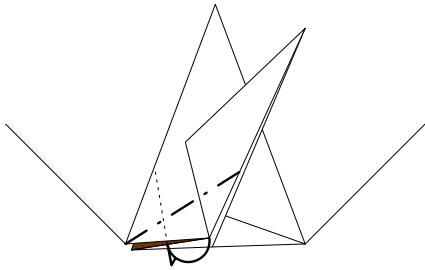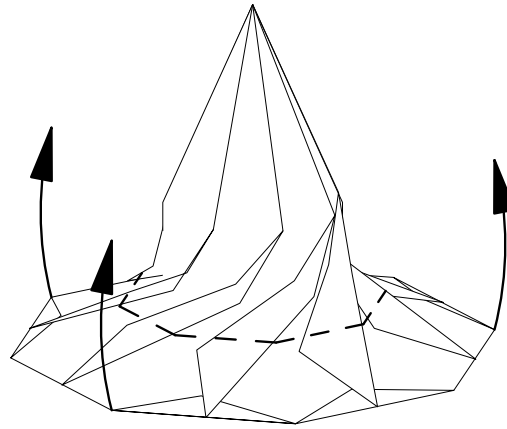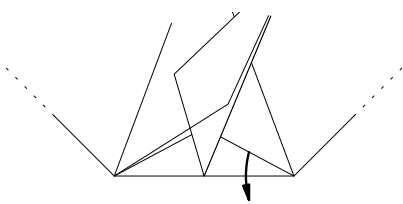11

12

13 Open model using
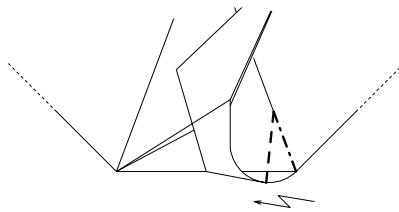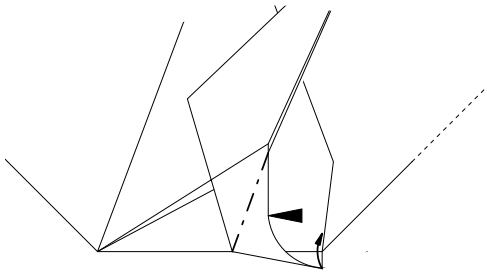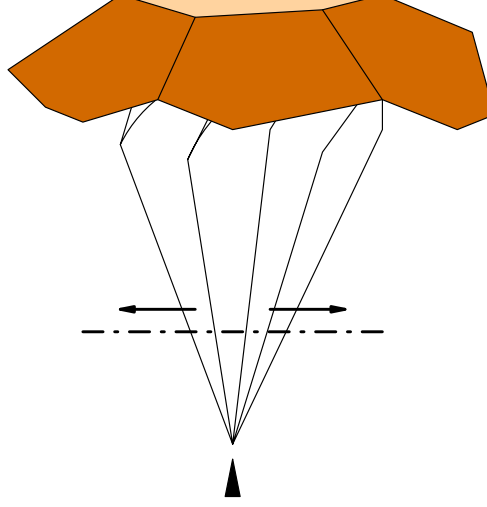existing creases

14 'Crimp'

15 Block the crimpfold

16

17 Open

18 Crimp

19 Close again to lock

20 Widen stem